



transition related care

**AT
SHERBOURNE
HEALTH CENTRE**

We are committed to creating a safe space that welcomes gender diversity.

In 2016, arc opened four additional beds to support individuals, who may or may not identify as trans, non-binary or gender-diverse, with recovery from transition-related surgery (TRS). Any individual in Ontario may qualify to stay at arc post-surgery if they are homeless, under-housed and/or lacking the social supports needed for successful recovery in the community.

333 Sherbourne Street, Toronto

CALL 416.324.4108 | FAX 416.324.4258

It is recommended that referrals be made as soon as an individual has identified they would benefit from a stay with arc post-surgically. To prepare for the stay, information about the individual's post-surgical treatment plan should be reviewed in detail and the necessary supplies sent to arc so that when the individual arrives for admission, they have all the equipment and supplies to complete their post-surgical routine. If bringing the supplies is not possible, please consult with the Intake Nurse to discuss other arrangements.

Recovery from TRS will continue after a short-term stay at arc. Therefore, prior to admission, individuals should ensure that they will have the right supports and supplies to continue with their daily post-surgical routine upon their return to the community.

Travel arrangements and costs to arc and back to their community are the responsibility of the client.

DEFINITIONS

- **Gender-diverse:** Individuals who do not follow gender stereotypes based on the sex they were assigned at birth; they may or may not identify as trans
- **Trans:** A term for individuals with diverse gender identities/expressions that differ from stereotypical gender norms; it includes, but is not limited to, people who identify as trans, non-binary, gender-diverse or genderqueer
- **Non-binary:** A term for those who do not identify with static, binary gender identities; it includes an intermediary gender (e.g., genderqueer), shifting gender, multiple genders, or not having a gender altogether
- **Transition-related surgery (TRS):** Also known as gender-affirming surgery (GAS); gender-reassignment surgery (GRS); sexual-reassignment surgery (SRS)



acute respite care
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