

Mosaic News

news and updates from sherbourne HEALTH

Bi-Monthly Newsletter | September 2022



Thank you for 20 years!

Sherbourne Health marked [20 years of building healthy communities](#) with a block party overflowing with good times and cheer. We appreciate all our service users, staff, and community members, past and present, for contributing to our legacy.

Celebrating 20 years of
Sherbourne Health



Launch of Food for Good Market Greens

We believe everyone deserves food security and are thrilled our weekly market, which [we officially launched on August 10](#), can support healthy, affordable eating for all. The Food for Good Market Greens initiative is a new year-round, community-based market offering fresh produce to everyone, sourced from local farms when possible. Every Wednesday, Food for Good Market Greens' team brings fresh vegetables and delicious fruits to the public, alongside nutritional advice and support from a registered dietitian.

[Learn more](#)



Register for the SOY Bowlathon on October 22!

The highly anticipated annual SOY Bowlathon, our largest fundraiser for [Supporting Our](#)

[Youth](#) (SOY), is back after almost 3 years! This event raises vital funds for SOY, an innovative and award-winning community development program that opens up opportunities and pathways to health and wellness by addressing the complex needs of 2SLGBTQ youth ages 29 and under.

[Sign-up today](#)



Read the Annual Report, Strategic Plan

We are proud to present [Sherbourne Health's Annual Report for 2021-2022](#) and our [2022-2026 Strategic Plan](#).

This year's Annual Report highlights the many ways Sherbourne Health has responded to COVID-19 and recognizes the extraordinary contributions of our staff and physicians. It contains program highlights, including improved mental health care access, 24/7 harm reduction supplies, and more.

Our Strategic Plan guides our programs, services and initiatives for the next four years. This road map was guided by rich consultations with our service users, staff, volunteers, funders and community partners. We thank all who contributed to its findings.

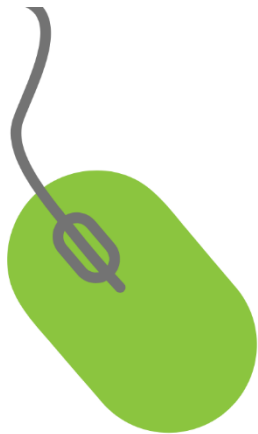


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HEALTH

The Nursing Shortage Impact

To ensure proper care, Sherbourne Health, like many other organizations, have had to work with agency nurses. It can cost Sherbourne Health upwards of \$1000 a day to work with agency nurses. For a small organization like Sherbourne Health, this has had a tremendous impact on our budget and could threaten the full and continuous operation of this program, placing many people in danger of not being able to access the health care they need before and after necessary, and in some cases lifesaving, procedures.

[Read more](#)



Online Booking



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Online booking is now available for select

physicians

Registered clients of **Dr. Shah, Dr. Nguyen, and Dr. Lou** can now schedule appointments using our new online booking system.

Our online booking system uses Medeo, a virtual health care software application. Using Medeo is optional, phone bookings are still available for all Sherbourne physicians. **To set up a Medeo account, please speak to a medical secretary.**

[Learn more](#)

Pharmacy.ca is at Sherbourne

If you're looking for a convenient place to pick-up your medications after appointments, [Pharmacy.ca](#) has opened a location on our first floor. They are located across from the cafe and are open from 9 a.m. to 5 p.m. Please note that this Pharmacy.ca location does not do deliveries.

They can be emailed at sherbourne@pharmacy.ca or called at 416-960-7768, extension 2.

Closed on Sept. 30

In honour of the National Day for Truth and Reconciliation, Sherbourne Health will be closed on Friday, September 30. Our walk-in only Saturday clinic (for registered clients) will be closed on Saturday, October 1 to update medical records.

We will resume regular services on Monday, October 3.

